



Recovery Centers *of* America

**Program Overview for
Teamsters Local 96**

Julia Riisman, National Accounts Director for Employer Solutions

- **11+ years** in the SUD industry
- **Specializes in strategic partnerships, EAPs, Unions, and Workplace Employer Solutions**
- **Leads evidence-based SUD care** with focus on **MAT and co-occurring disorders**
- **Treatment Advocate** available 24/7 to help remove barriers to getting into care



RCA: A Story of Innovation in Addiction Treatment

Founded 10 years ago to fill a void in the SUD provider landscape

Making quality, patient-centric SUD treatment accessible close-to-home at safe, comfortable and respectful facilities

- 24/7/365 admissions
- Transportation available
- In network with most commercial insurances
- Intervention services if needed



Today, we're continuing to innovate with our evidence-based Continuum of Care

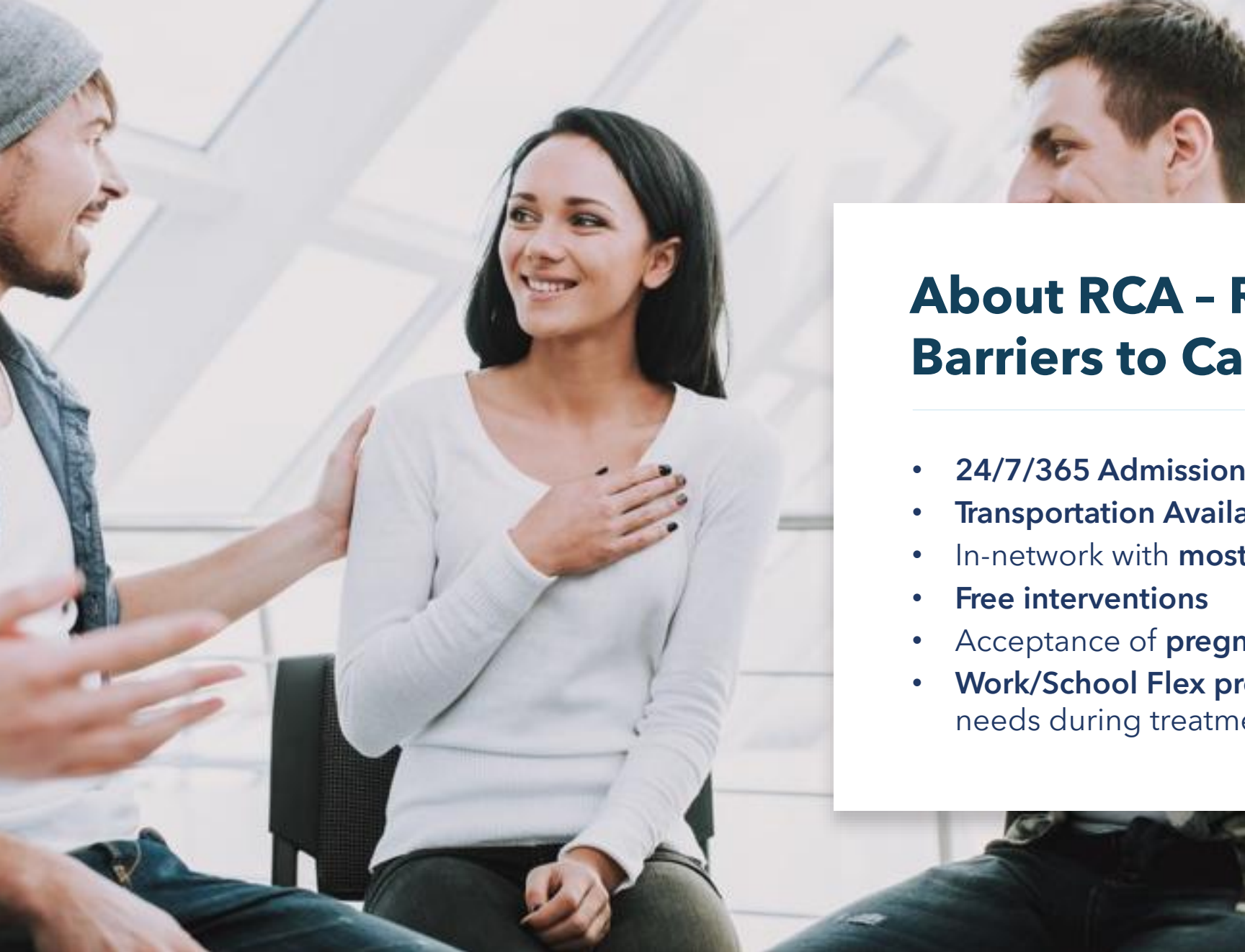
Evidence-based treatments, a comprehensive continuum of care and measurement of outcomes are the new gold standard in the SUD industry and RCA is leading the way

- RCA Care Approach
- Detox/Inpatient/Outpatient
- Personalized treatment plans with Four Treatment Pathways and Medical and clinical staff at every facility
- Measurable recovery outcomes

Our Full Continuum of Care

Our treatment plans span from medically-monitored detox to inpatient care to a full-suite of outpatient options





About RCA - Removing Barriers to Care

- **24/7/365 Admissions**
- **Transportation Available**
- In-network with **most insurances**
- **Free interventions**
- Acceptance of **pregnant women** in many cases
- **Work/School Flex programs** to support life needs during treatment

Capital Region: Waldorf, MD

- Located in Waldorf, MD, just outside the Capital Beltway
- Direct access to Virginia and DC
- Easily accessible to PG and Montgomery Counties
- Multidisciplinary Care Team including medical professionals, therapists, community coordinators, wellness practitioners and staff with personalized experience of addiction recovery
- Full continuum of care from medically managed detox, residential, PHP, and IOP, and Medication-Assisted Treatment
- Gym and recreation center
- Creative arts and recovery music programs



Bracebridge Hall: Earleville, MD

- Located in Earleville, MD in Cecil County
- Easily accessible off I-95
- 1.5 hours from Baltimore, MD
- Located on a large tranquil campus overlooking the Sassafras River with walking trails, nature views, and outdoor amenities
- Multidisciplinary Care Team including medical professionals, therapists, community coordinators, wellness practitioners and staff with personalized experience of addiction recovery
- Full continuum of care from medically managed detox, residential, Partial Hospitalization, and Intensive Outpatient, and Medication-Assisted Treatment
- Family education and coaching
- Holistic interventions



RESCU: Specialized Addiction Treatment for Military and First Responders



- Military-centered expertise
- Structured Recovery
- Trauma-informed care
- Physical wellness
- Evidence-based modalities
- Family involvement

Structure | Strength | Sobriety

Every element of the RESCU program fosters personal growth, resilience, and long-term recovery.



Trauma-informed care: Our expert clinicians are trained to address the impact of service-related trauma like PTSD and operational stress injuries



Physical wellness: Structured routines, daily PT, fresh-air breaks, and balanced nutrition to support resilience and healing



Service-centered: Morning and evening muster and flag ceremonies promote pride, unity, and commitment to healing



Evidence-based modalities: Including MAT, ART, CBT, DBT, Seeking Safety, 12-Step programming, relapse prevention, motivational interviewing, and more



Family involvement: Education and coaching options to reduce stigma, repair relationships, and support long-term recovery



Access to dedicated national military team for referrals, communication/support, and patient updates



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Thank you!



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