

# Tukua te Wairua

Nā Leon Heketū Blake i waihanga

Tukua te wairua kia rere ki ngā taumata  
Hai ārahi i ā tātou mahi  
Me tā tātou whai i ngā tikanga a rātou mā  
Kia mau kia ita  
Kia kore ai e ngaro  
Kia pupuri  
Kia whakamaua  
Kia tina! TINA! Hui e! TĀIKI E!

Allow one's spirit to exercise its potential  
To guide us in our work as well as in our  
pursuit of our ancestral traditions  
Take hold and preserve it  
Ensure it is never lost  
Hold fast  
Secure it  
Draw together! Affirm!

