

Tūtawa

He karakia nā Te Manahau Morrison (Ngāti Whakaue)

Tūtawa mai i runga

Tūtawa mai i raro

Tūtawa mai i roto

Tūtawa mai i waho

Kia tau ai

Te mauri tū

Te mauri ora

Ki te katoa

Haumi e, hui e, Tāiki e!

Come forth from above,
Come forth from below,
Come forth from within,
and from the environment

Vitality and wellbeing

for all

Strengthened in unity.

