A Survival Manual for Workers On Strike or Locked out in York Region

This manual contains information about various community and social services in York Region that can assist union members and their families who are on strike or Locked out

-2017-

For more copies, please contact:

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(Strike support committee)

mlopez@uwyr.on.ca

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Web Site: www.labourcommunityservices.ca

Labour Community Services acknowledges the assistance of the Community Information Centre of Toronto in the development of this manual

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Workers Helping Workers

Working men and women need to stick together in these tough times. We share a common vision for a fair or equal society. Strike action is an example of how working people are prepared to fight for their rights and dignity.

The following list of organizations is there to help unions, locals and their members in this important struggle.

<u>The Toronto & York Region Labour Council</u> is the central labour organization representing working people across Toronto and York Region. The labour council works closely with all municipal governments across our communities. There are a number of services provided to affiliates including:

- Organizing strike and campaign support for local unions
- Communicating information and labour news to unions and the news media
- Serving as a liaison with coalition partners
- Making deputations to municipal councils, board of education and relevant committees
- Providing labour representatives for various municipal boards, agencies, commissions and non-governmental organizations
- Organizing annual events such as the Labour Day Parade, Internal Women's and Day Lunch etc.

General meetings of the Labour Council are held on the first Thursday of each month at 8 pm in the auditorium of the Ontario Federation of Labour Building.

15 Gervais Drive, Don Mills. All general meetings are open to observers.

<u>Labour Community Services</u> is a special project of Toronto and York Region Labour Council, in partnership with the United Way of Greater Toronto. One of the functions of Labour Community Services is to link the labour movement with the United Way and to assist the United Way in fundraising in organized workplaces.

In addition, Labour Community Services offers a twelve-week Workplace Referral Agent & Community Services Program, which trains union members to offer guidance, referral and information to their co-workers and families about problems not addressed by their collective agreements. This project also offers "Special Educationals" such as:

- Substance use & Abuse
- Violence in the Home, Workplace & Community
- The Golden Handshake

We will package training sessions to meet the needs of your members in areas ranging from "Stress of the Strike" to "Social Justice Issues".

<u>Labour Education Centre</u> is another project of the Toronto and York Region Labour Council. The centre is involved in various areas of education, including;

- Skills Training/Labour Adjustment
- Community Development
- English at the Workplace
- Adult Basic Education
- Equality Program
- Labour Studies
- Research

The worker's Action Centres

Provides workers with a walk-in and telephone counselling services to answer questions and provide referrals on a variety of work related issues. Check with your union if they run an action centre

PMP Worker's Action Center

(905) 771 - 9628

180 Steeles Ave. West Concord On L4J 2L1

Other key numbers for working men and women;

Canadian Labour congress (Ontario)	416-441-3710	1-800-387-3500
Ontario Federation of Labour	416-441-2731	1-800-668-9138
Workers Health and Safety Centre		416-441-1939
Occupational Health Clinic for Ontario Workers		416-449-0009
Toronto Workers Health and Safety Legal Clinic		416-971-8832
LAMP Occupational Health Program		416-252-6471

Budgeting

Before being on strike, you may not have needed to prepare formal budgets for your household spending. However, now you will probably need to control, where every penny is to be spent.

Start by listing all your monthly financial commitments. Put down your monthly income and divide it up according to your commitments.

If you do not have enough money to make ends meet, you may have to start cutting expenses. If you still cannot make ends meet, it's time to ask if you can make special financial arrangements in the following areas –utilities, telephone, taxes, car loans, credit cards, and any other monthly bills you might have.

The key is to talk to your creditors. The worst thing you can do is to hide, or miss payments, not to answer the phone or make promises you cannot keep.

Here are some suggestions for specific items:

Auto and Home Insurance – contact the insurance agents and discuss ways to spend out the premiums.

Car Loans – try to deter your loan payment, or discuss with the loan officer the possibility of refinancing to reduce the size of payment.

Credit Cards – find out what the minimum payment are to keep your account current. Avoid using your credit cards. You may owe money already and it would worsen the situation if you increase your debt load at this time.

Department Store Accounts – contact the business involved and discuss your situation.

Home Mortgages – contact your lender and try to work out a new payment plan, before payment is due.

Renters – contact your landlord before rent is due. Try to reduce or defer payment temporarily until you are back to work

Property Taxes – call the taxation office in your municipality to find out if payment can be delayed and how much the penalties will be.

Utilities – contact the utility office (electricity, gas, oil, etc.) you may be able to pay part of the bill and spread payments out.

If you are having trouble meeting your financial commitments, seek debt counseling. You do not want to destroy your credit rating for the future.

Sample Letter to a Creditor

Dear (Name of Creditor):
Due to (explain reason) I am experiencing financial difficulty and am asking you to accept a reduced payment for (give period of time). At that time, I hope to (have my other bills paid – be back at world have found a part time job).
I would appreciate your consideration in this matter, as I am not able to meet the regular payment of I request that you accept per month during this emergency.
Please do not place my account in the hand of a collection agency. I wish to deal with you directly. Would you consider withholding interest on my account? I do not wish to go further in debt. I have been a customer of your organization for years and have always paid my bills on time.
I will resume regular payments as soon as possible and will notify you immediately when I find out when this will be.
Sincerely,
Name:
Address:
Phone Number:
Credit Account Number:

Sample Letter to a Creditor

To: All Creditors		
From: UNION	LOCAL #	
Union/Localr are currently on strike/lockou all of our members.	nembers, who are worker t. As you can imagine, the	s employed bye strike/ lockout is causing financial hardship to
rent and bill payments until th	e strike is settled. Once a	ntact creditors to renegotiate monthly mortgage settlement is reached and our members are verdue payments they might have incurred.
		members, you will understand the current nt schedule which is within their means and
We appreciate your assistance	to our members at this ti	me.
Yours sincerely,		
Suggested signature: President of Local		
Staff Representative or Chair of Benevolent Committ	ee.	

Financial Support

Ontario Works

Ontario Works Program helps residents of Ontario, who are in financial need. It helps to cover the cost of basic needs and housing for adults. You may eligible for health benefits or child care.

Disability Support Program

Disability Support Program helps people with disabilities, who need financial help or help finding a job.

Applying for Disability and Ontario Works online

www.mcss.gov.on.ca

Contact By Phone To Find An Office Near You:

Toll free 1-800-267-8097 TTY toll free :1-800-268-7095

Newmarket Community Services

If you want to look for a job, then you can get help in Job Search, Resume Writing, Computer Skills and interview simulations in the community agencies.

Costi Services

102-3100 Rutherford Rd. Vaughn, ON L4K 4R6 905-669-5627

Welcome Centre Immigrant Services

9100 Jane Street, Bldg H, Unit 56-67 Vaughan, ON, L4K 0A4 905-761-1155 Toll Free:1-877-761-1155

Job Skills' Employment Services

14-130 Davis Drive, Unit 14, Newmarket On, L3Y 2N1 905-898-5138 1-866-470-5947 TTY 905-898-4465

Credit Counselling

A community based mental health agency providing professional psychological counseling and education that is confidential and supportive. Provides affordable individual couple and family counselling. Educational group programs bring together individuals with common concerns to enhance skills in areas such as parenting, anger management, coping with separation, divorce, stress management, and family education programs, violence against women counseling also prevention and credit counseling.

Community Credit Counselling Services

Thornhill Square 300 John Street, suite 300, Thornhill, ON, L3T 5W4 905-707-7695 1-800-500-0003

Website: www.yorkcounselling.ca

Family Services York Region

Provides counselling to children, adults, couples, families and individuals in times of stress. Support groups are also available for adults and adolescents.

25202 Warden Ave. Sutton West, ON.

L0E1R0

Monday, Tuesday: 8:00am-6:00pm Wednesday, Thursday: 8:00am-8:00pm

Friday 9:00am-3:00pm

905-476-3611

Email: gflc@neptune.on.ca

Community Information:

York Link

A community service directory available on line: www.region.york.on.ca/nr/yorklink/ York Link information is also available in French, Cantonese, Mandarin, Hindi, Spanish, Korean, Russian, Italian, Farsi Urdu, Tamil Vietnamese, and Tagalog.

Visit www. 211.ca for more information

Social Enterprise for Canada

17705 Leslie Street, Unit 11, Newmarket, On, L3Y 3E3 T1-866-243-9925

Helpmate Community Information and Volunteer Bureau

Connects individuals and agencies with the community resources they need.

1 Atkinson St.

Richmond Hill, ON

L4C 0H5

905-884-3839

Community Support Centre

499 Notre Dame St. Belle River, ON, N0R 1A0 519-728-1435 Toll Free: 1-855-728-1433

The Loyalty True Blue and Orange Home

11181 Yonge Street 2nd floor Richmond Hill ON. L4S 1L2 905-737-1011 helpmate@inforichmondhill.org

Info. Aurora

Non profit volunteer group that offers a one-stop source for up-to-date information about Aurora community active ties and services. Also provides information about social, health and government services available within Aurora and York Region.

100 John West Way Aurora, ON L4G 6J1 Mon Fri: 8:30am -4:30pm 905-727-3123 Ext.103 TTY:905-726-4766

Email: <u>infoaurora@aurora.ca</u>

Info. Markham

101 Town Centre Blvd. Markham, ON L3R 9W3 905-414-7500 www.informationmarkham.ca

Renting

Renting is probably one of the largest single monthly payments you can make. While on strike, your landlord will usually not defer or reduce your rent. Careful financial planning is essential for you to keep up with your rent.

If you cannot pay your rent, your landlord could:

- Sue you for back rent
- Give you notice to move
- Apply to the courts for an eviction

Explain your situation to your landlord before problems occur.

Community Legal Clinic of York Region

Community legal clinic offers free legal advice for tenants facing eviction. Provides assistance to community groups with law reform and community development.

Operates duty council program for tenants appearing the Ontario Rental Housing Tribunal.

Legal Clinics and Legal Aid

Never ignore an official-looking paper – seek advice from a community legal clinic or a lawyer, so that you can take the right measures.

If you need a lawyer for specific advice, the following service will provide you with the name of the lawyer who will give you one half- hour of free legal advice:

Lawyer Referral Services

Provided by the Law Society of Upper Canada

A call to this service will automatically generate a \$6 charge on your phone bill. When you call the lawyer referral Service, briefly explain the type of problem you have and where you're calling from. The operator will give you the name of a lawyer in your area that participates in the service and can deal with your problem.

If you need a lawyer, but can't afford the cost, you may apply for Legal Aid. 1-900-565-4577

Community Legal Clinic of York Region

21 Dunlop St. Unit 200 Richmond Hill, ON L4C 2M6 Mon-Fri 8.30am-12.30pm, 1.30pm-4.30pm 905-508-5018 1-888-365-5226 Website: www.clcyr.on.ca

Legal Aid Ontario

201-20 Dundas Street West Toronto ON, M5G 2H1 416-979-1446 Toll Free: 1-800-668-8258

TTY: 416-598-8867

Toll Free: 1-866-641-8867 Hours: Mon-Fri 8.30am-4.30pm Website: http://www.legalaid.on.ca

Government Information

Federal

For information on Government of Canada programs and services:

Mon – Fri: 8 00am -8:00pm

1-800-622-6232

Email: sitecanadasite@communication.gc.ca

http://www.canada.gc.ca/

Provincial

For information on Ontario Government programs and services: 1-800-267-8097

www.gov.ca

York Region

For information on York Region Government programs and services: 905-830-4444

www.region.york.on.ca

York Regional Municipality of Community Services and Housing Department Provides social support programs and services.

17250 Yonge St. 3rd Floor Newmarket, ON

L3Y 6Z1

Mon –Fri: 8:30am -4:30pm 1-877-464-9075

TTY: 1-866-512-6228 Email: <u>www.york.ca</u>

Emergency Hostels

Provides support to families who need temporary shelter. Duration of service is two to four weeks

Leeder Place Emergency Family Centre

Porter Place Men's Shelter

18838 HWY 11 Holland Landing, ON L9N 0C5 905-898-1015(24hour) 18838 HWY 11 Holland Landing, ON 905-898-1015

Mail: 16715-12 Yonge St. # 223 Newmarket, ON. L3X 1X4 Email: tshsyr@atntcanada.ca

Youth Shelter

Provides temporary shelter for males between the ages of 16 and 26 years. A day program also provides support through various activities.

Blue Door Shelter

Salvation Army Youth Shelter

835 Gorham Street Newmarket, ON, L3Y 1L7 905-898-1015

701 Free: 1-888-554-5525

20898 Dalton Road Sutton, On, L0E 1R0 905-722-9076 1-877-972-0898

Women Shelters

Provides emergency shelter and supportive counseling for abused women and their children in crisis or abusive situations

Sandgate Women's Shelter

Women Support Network of York Region

P.O. Box 248 Sutton West, ON, L0E 1R0 905-722-3220 (crisis) 905-722-4043 (admin.) 1-800-661-8294

Website: www.sandgate.ca

1110 Stellar Drive, Unit – 109 Newmarket, On, L3Y 7B7 905-895-7313 24/7 Crisis 905-895-3646 Admin

Yellow Brick House-Emergency Shelter

4-52 West Beaver Creek Rd. Richmond Hill, ON L4B 1L9

Tel: 905 709 0900

Crisis Hotline: 1-800- 263 3247 Website: www.yellowbrickhouse.org

Resources for Women

Women's Centre of York Region

120 Harry Walker Pkwy N, Newmarket ON, L3Y 7B2 Mon – Thurs: 9am-4.30pm

905-853-9270

E-mail: admin@wcyr.ca

Website: www.womenscentreyorkregion.com

Abuse and Assaults

The Assaulted Women's Helpline

A confidential 24-hour telephone service providing crisis counseling, emotional support, as well as basic information and referrals for:

- Emergency shelters
- Emergency food
- Counseling
- Legal services
- Health services
- Social assistance
- Cultural resources
- And other community services

Family members, neighbors, professionals or anyone in contact with an assaulted woman may also call.

416-863-0511 (GTA) 1-866-863-0511 (Toll Free –Ontario) 1-866-863-7868 (Toll Free-TTY) Or text #SAFE to #7233

Domestic Abuse and Sexual Assault Resource Centre

Makenzie Richmond Hill Hospital 10 Trench St. Richmond Hill, ON. L4C 4Z3 905-883-1212 (General hospital Information)

905-883-2320 (Patient Location Enquires)

Website: www. Makenziehealth.ca

York Region Abuse Program

17705 Leslie Street, Unit - 12 Newmarket, On, L3Y 3E3 Mon- Fri: 8:30a.m. – 4:30 P.m. 905-853-3040 1-800-263-2240

Website: www.yrap2.org

Housing Alternatives (Part 1- Non-Profit Social Housing)

Non-profit social housing unit for families based on rent geared-to-income. 48 townhouses: 6 two-bedroom, 36 three- bedroom (2 disabled) and 6 four- bedroom.

Alison Court

1029-10

64 Pritchard Place, 255 to 295 Geer Place

Newmarket, ON.

L3Y 8K4

Mon-Fri: 9:00am-5:00pm

416-830-5186

German- Canadian Housing of Newmarket

Inc.

735 Stonehaven Avenue

Unit 119

Newmarket, ON.

L3X 2G3

905-715-7953

Hagerman Corners Community Homes

4460 14th Avenue

Markham, ON.

L3R 1H1

Mon 10:00am-2:00pm., Wed 12:00pm-4:00pm

Thurs.3:00pm-7:00pm.

905-415-9844

Email: hagerman1@bellnet.ca

Ja'Fari Islamic Housing

138 Yorkland Street

Unit 62

Richmond Hill, ON.

L4S 1J1

Mon-Thurs: 8:30am-4:00pm and Fri: 8:30am-

1:00pm

905-770-3578

Email: crescentvillage@rogers.com

Jubilee Gardens Non-Profit Housing Corp.

102 York land Street

Unit 101905-770-9600

Richmond Hill, ON L4S 1A1

Parkview Village

12184 Ninth Line

Stouffville, ON.

L4A 3N6

Mon-Fri: 8:30am-4:30pm

905-640-1940

Email: administrator@parkviewvillage.org

Robinson Non-Profit Homes Markham

120 Robinson St.

Unit G

Markham, ON.

L3P 1P1

Mon-Fri: 8:30am-4:30pm

905-294-3831

York Region Housing Authority- Social Housing Department

Housing Department 17250 Yonge St.

Newmarket, ON.

L3Y 6Z1

Hours: Mon-Fri: 8:30am-4:30pm.

905-895-4293

Housing Alternatives (Part 11- Co-op Housing)

Aurora

Non- profit co-operative housing units for families, some available based on rent geared-to-income. 122 units, including 64 apartments, 22 town houses and 36 garden homes.

Aurora Village Housing Co-operative

1 Caruso Gardens Suite 100 Aurora, ON. L4G 3W4 905-841-7125

Charles Darrow Co-operative Housing

135 James Henry Dr. Aurora, ON> L4G 6E7 905-841-6812

Mon, Fri: 9:00am-5:00pm,

Tues, Wed, Thurs 1:00pm-5:00pm. Email: charlesdarrow@on.aibn.com

Georgina

Bethany Co-operative Housing

45 Atherton Crescent Keswick, ON. L4P 3M6 905-476-7800

Email: Bethany.co-op@rogers.com

Markham

Ramer's Wood Co-operative Homes Inc.

1 Ramer's way Markham, ON. L3P 5J7 Mon-Fri: 8:30am-3:30pm 905-472-5950

Trinity Square Housing

37 Bates Way Markham, ON. L6C 1R7 Mon-Fri: 8:30am-4:30pm. 1-877-464-9675 ext. 72700

Newmarket

Bogart Creek Co-operative

180 Groves Terrace Newmarket, On. L3Y 8C7

Tues, Thurs: 10:00am-2:00pm. 905-836-6430 or 905-898-7503 Email: bogartcreek@rogers.com

Carpenters Local 27 Housing Co-operative

280 Davis Dr.
Newmarket, On. L3Y 8M6
905-830-9822
Eagle Co-operative
305 Sanford St.
Newmarket, On.
905-853-4262

H.O.P.E. Co-operative Housing

681 Hope Circle Newmarket, On. L3X 1W3 Mon-Fri: 8:30am-4:00pm. 905-853-0049

Richmond Hill

Centre Green Co-operative Housing

172 Centre Street East Unit 43 Richmond Hill, ON L4C 1A6 905-884-0584

John Fitzpatrick Steelworkers Housing Cooperative

105 Weldrick Rd. E Richmond Hill, ON. L4C 9Y9 905-508-6640 landsberglewis@rogers.com

Park Farm Co-operative Housing

1 Fox Run Cres. Richmond Hill, ON. L4C 8A8 905-737-3373

Richmond Hill Co-operative Homes.

8675 Bayview Ave. Unit 39 Richmond Hill, ON. L4B 3M5

Mon-Thurs: 9:00am-4:30pm.

Fri: 9:00am-1:00pm

Newmarket Co-operative

65 Emerson Way Newmarket, ON. L3Y 7M7

Mon-Thurs: 8:30am-4:30pm, Fri: 8:30am-

12:30pm. 905-853-1517

Website: www.Newmarketcoop.ca Email:newmarketcoop@rogers.com

905-882-4090

Email: richmondhillco-op@rogers.com

Vaughan

Crown Heights Co-op Homes Inc.

27 Crown Heights Cres. Thornhill, ON. L4J 5T9 Mon-Fri: 9:00am-4:30Pm. 905-731-7718

Eamon Park Co-operative Housing

94 David Lewis Dr. Concord, ON L4K 3J1 905-738-1602

Thornhill Green Co-operative Housing

61 Inverlochy Blvd.

Unit5

Thornhill, ON

L3T 3R4

Mon 9am-2pm, Tues 9am-5pm, Wed 10am-1pm,

Thurs 3pm-7pm, Fri 9am-12pm

905-881-4860

E-mail: thornhillgreen@rogers.com

William Lyon Mackenzie Co-operative

Housing

299 Mullen Dr. 92 ½ Thornhill, ON

L4J 3W2

Mon-Thurs: 9:00am-5:00pm, Thurs: evenings

5:00pm-7:00pm Fri: 9:00am-12:00pm.

905-731-4181

Email: coopoffice@aibn.on.ca

Housing Help Centre

Housing registry to assist individuals in securing affordable accommodation in the private rental market. Operated by the Affordable Housing Committee of York Region, a not-for-profit group advocating for adequate and affordable housing in York Region.

Citizens For Affordable Housing-York Region

303-10271 Younge St. East

Richmond Hill, ON.

L4C 3B5

Mon-Fri: 9:30am-4:30pm.

905-713-2696or 905-416-410-6051 Email: <u>info@housinghelpcentre.org</u> http://www.housinghelpcentre.org

Deals with landlord and tenant matters under the Tenant Protection Act, including protecting tenants for arbitrary evictions.

Ontario Rental Housing Tribunal-Landlord and Tenant Board

Central Regional Office 3 Robert Speck Parkway Suite 520 Mississauga, ON L4Z 2G5 1-88-332-3234or416-645-8080

Website: www.orht.gov.on.ca

Physical Disabilities

It is serving people with physical disabilities. Offer service with accessibility, employment, independent living, recreation and integration.

Ontario March of Dimes—Central Region

10 Overlea Blvd. Toronto, ON. M4H 1A4

Mon-Fri: 8:30am-4:30pm

416-425-3463

Website: www.marchofdines.ca/dimes

Info@marchofdimes.ca

FOOD & CLOTHING

Provides free emergency food to low income residents of Aurora. People can use the food bank once per month.

Aurora Food Pantry

350 Industrial Parkway S Aurora, ON. L4G 3V7 Mon-Fri: 9:00am-3:00pm 90841577

Whitchurch-Stouffville Food bank

86 Ringwood Dr Stouffville, ON L4A 1C3 905-591-4443

Richmond Hill Community Food Bank

55 Newkirk Rd.
Richmond Hill, ON.
L4C 3G4
Mon-Fri: 9:00am-11:45am (except holidays)
905-508-4761
Solvation Army Family Sorvices and Research

Salvation Army Family Services and Resource

Centre

190 Bullock Dr. Unit 10 Markham, ON. L3P 1N3

Markham Food Bank

190 Bullock Dr. Unit 11 Markham L3P 7N3

Tues: 6:30pm-8:0030pm Thurs: 1:00pm-3:00pm Sat: 10:00am-12:00pm 905-472-2437

Salvation Army-Northridge Community

Church

15338 Leslie St. Aurora, ON L4G 7C4 905-895-6276

Vaughan Food Bank

5732 HWY #7 Unit 3 & 4 Woodbridge, ON L4L 3A2

Thurs-Fri: 10: am-4:00pm

905-851-2333

Substance Use and Abuse

A community based agency whose purpose is to reduce or eliminate the misuse of alcohol and drugs, problem gambling and the related effects on the families and the communities of York Region.

Addiction Services for York Region

14785 Yonge Street, Suite # 201 Aurora, ON, L4G 1N1 Mon-Fri: 9am-5pm 905-841-7007 1-800-263-2288

E-mail: jomara@asyr.ca

www.asyr.ca

Alcohol – Al-Anon Family Groups

Please call first as locations may change Or Visit our website 1-888-425-2666 www.al-anon.alateen.org

Narcotics Anonymous

P.O. Box 21, King City ON, L7B 1A4 416-410-3689 Toll Free: 1-877-414-4464

www.anchorna.org

The Vitanova Foundation

6299 Rutherford Road Woodbridge, ON, L4L 1A7 905-850-3690, 416-744-8940 www.vitanova.on.ca

Child Care

Child Care Fee Assistance

Helps eligible applicants with an assessed financial need, with the cost of childcare for their children aged birth to 12 years old. Administered by Community Services and Housing Department. Only spaces in childcare programs that have a Purchase-of-Service Agreement with York Region can be subsidized through fee assistance.

South East Communities of York Region

144 Main St Unit 10 Markham, ON. L3P 5T3 1-877-464-9675

South Service

50 High Tech Rd. 4th. Floor Richmond Hill L4B 4N7 905-762-1282 1-866-208-0050

Family Children Services (Georgina Office)

24262 Woodbine Ave. Keswick, ON L4P 3E9 905-989-1883 705-437-2133 1-877-464-9675

Child Support Line:

24262 Woodbine Ave Keswick, ON L4P 3E9 905-830-9487 1-888-703-5437

South West Communities of York Region

3901 Highway 7 Suite 501 Woodbridge ON. L4L 6B2 1-877-464-9675

York Central

13175 Yonge Street Oak Ridges, ON. L4E 0G6 905-830-4444 ext. 2300 1-877-464-9675 ext.2300

Northern Community Service

55 Eagle Street.West Newmarket, ON. L3Y 8W5 905-830-4444 ext.2499 1-877-464-9675

Children and Youth Services

This outpatient program provides urgent assessment and short- term treatment for children up to 18 years of age, as well as support to parents during crisis periods. Offers brief individual and family therapy. Does not require a physician's referral.

Child and Adolescent Crisis Program

South Lake Regional Health Centre 596 Davis Drive Newmarket, ON. L3Y 2P9 Mon-Fri: 9:00am-9:00pm 905-853-2227 or 905-895-4521ext.2118

New Path Youth and Family Counselling

165 Ferris Lane Barrie, ON, L4M 2Y1 Mon-Fri: 8:30am-4:30pm 705-725-7656 705-458-4338 1-866-566-7656

Pathways for Children, Youth and Families of York Region Inc.

206-80F Centurian Dr. Markham, ON L3R 8C1 Mon-Fri: 9:00 a.m-5: pm 905-471-7877

Email: Admin@ppathwaysyorkregion.org

Website: www.oehoage.com

Community and Recreation Centres

Aurora Town Hall

100 John West Way Aurora, On, L4G 6J1 905-727-3123

Sat-Sun: 8:00am-5:00pm

Website: www.town.aurora.on.ca

Aurora Leisure Complex

135 Industrial u Parkway North

Aurora, On, L4G 4C4

905-841-7529

Hours: Mon-Fri: 6:a.m-10:00pm

Sat-Sun: 8:00am-5:00pm

Website: www.town.aurora.on.ca

Aurora seniors' Centre

90 John West Way Aurora, On, L4G 6J1 905-726-4767

Markham

Armadale Community Centre

2401 Denison St. Markham, On, L3S 1G3 905-474-1007 ext.31

Box Grove Community Centre7651 9th Line
Markham, On, L6B 1A8
905-472-2570-24 hr.answering machine

Cedar grove Community Centre

7667 14th Ave. Markham, On, L3B 1A8 905-294-5205

Centennial Community Centre

8600 McCowan Rd. Markham, On, L3P 3M2 905-294-6111

Crosby Community Centre

210 Main St. Unionville, On, L3R 2G9 905-477-1543

Markham Seniors Activity Centre

22 Water St. Markham, On, L3P 7P9 905-294-5111

Markham Village Community Centre

6041 Highway 7 Markham, On, L3P 3A7 905-294-6111

Milliken Mills Community Centre

7600 Kennedy Rd. Markham, On, L3R 9S5 905-477-6410 Mount Joy Community Centre

6140 16th Ave E Markham, On, L3P 3K8 905-471-8755

Rouge River Community Centre

120 Rouge Bank Dr. Markham, On, L3S 4B7 905-474-1007

Richvale Community Centre and Pool

160 Avenue Rd. Richmond Hill. On, L4C 5L8 905-884-0855

Richmond Green Sports Centre

1300 Eglin Mills Rd. East Richmond Hill, On, L4S 1M5 905-737-1236

Richmond Heritage Centre

19 Church St. North Richmond Hill, On, L4C 3E6 905-780-3802

Website: www.town.richmond-hill.on.ca

Spruce Avenue Community Centre

31 Spruce Ave. Richmond Hill, On, L4C 6V9 905-771-8870

Ballantrae Community Centre

5592 Aurora Rd. Stouffville, On, L4A 7X3 905-640-1900

Whitchurch Leisure Centre

2 Park Dr. Stouffville, On, L4A 4K1 905-642-7529

Latcham Hall

8 Park Drive Stouffville, On, L4A 1G4 905-640-3965

Lemonville Community Centre

13453 McCowan Rd. Stouffville, On, L4A 7X5 905-640-5338

Vandorf Community Centre

14663 Woodbine Avenue Aurora, On, L0H 1G0 905-727-1165

Vaughan-Newmarket

Chancellor Community Centre 350 Ansley Grove Avenue Woodbridge, On, L4L 3W4 905-832-8954

Dufferin Clark Community Centre

1441 Clark Avenue West Thornhill, On, L4J 7R4 905-832-8554

Rosemount Community Centre

1000 New Westminster Drive Thornhill, On, L4J 8G3 905-303-2024

Father Ermano Bulfon Community Centre

8141 Martingrove Road Woodbridge, On, L4L 3W9 905-879-87

Family Counselling Services

Provides translation, information and referral on social, legal, health and government issues. Services include written and verbal translations; form completion; walk-in and telephone inquiries; resume preparation; commissioning of documents; citizenship and immigration forms; government forms. Languages: English, Hungarian, Italian, Portuguese, Slovak and Spanish.

Bradford Immigrant and Community Services

11 Holland St. East Bradford, ON. L3Z 2B8 Mon-Fri: 9:00am-1:00pm

905-775-3343

Email: b.i.c.s@on.aibn.com

Within the Catholic value system, serves people with social and personal needs. Advocates for changes in our community and in Government Legislation so as to enhance Welfare, health and functioning of the individuals and families served by the agency. Evening counselling appointments offered. Languages: Arabic, Armenian, Bosnian, Bulgarian, Chinese (Cantonese) Chinese (Mandarin), Croatian, English, Farsi, Filipino, French, German, Hindi, Italian, Khmer, Lao, Polish, Portuguese, Punjabi, Russian, Serbian, Somali, Spanish, Swahili, Thai and Turkish.

Catholic Community Services

101-21 Dunlop Street Richmond Hill, ON. L4C 2M6

Mon-Fri: 8:30am-4:30pm

905-770-7040 1-800-263-2075

Email: ccssyr@ccsyr.org

www.ccsyr.org

Centre for Information and Community Services of Ontario

Provides information and referral, orientation, English and language training, citizenship and life skills to immigrants; employment services for immigrants, training courses, employment counselling, job vacancies information and job matching. Provides programs for families, women and seniors. Community volunteer development and leadership training. Languages: English, Cantonese and Mandarin

York Region Family and Education Centre.

7220 Kennedy Rd. Markham, ON L3R 7P2

Mon-Fri: 9:00am-5:00pm

905-479-7926

Email: m.chan@cicscanada.com http:// www.cicscanada.com

Chinese Family Service of Ontario (CFSO)

Offers linguistically and cultural sensitive counseling and family services for Chinese Canadians. Service include counseling, family life education, violence against women program, domestic violence intervention program for men, program for problem gamblers, alcoholics and drug abuse. It offers linguistically sensitive and cultural sensitive and cultural responsive counseling and family services to enhance the functioning and the quality of life of individuals and families. Languages: English, Mandarin and Cantonese

607-15 Wertheim Court Richmond Hill L4B 3H7 416-979-8299 416-9792743

Email: info@chinesefamilyso.com

www.chinesefamilyso.com

Chinese Social Service Network York Region

An informal network of social workers, counsellors, therapists, seniors' workers, teachers, psychologists. The group meets bi-monthly to network, share information, provide mutual support, discuss common issues, affecting the delivery of services, and undertake joint projects.

5248 Highway E

Unit 2 Markham, ON. L3P 1B9

Mon-Fri: 8:30am-4:30pm

905-294-8802

Email:cssn.yr@cicscanada.com

Website: www.cicscanada.com/en(English)

Provides service to immigrants and refugees including settlement service, counseling, education and training. Languages: Arabic, Chinese (Cantonese), English, Italian, Polish and Portuguese.

Costi

3100 Rutherford Road, Suite 102, Vaughan ON 905.669.5627

Website: www.costi.org

<u>Jewish Family and Child Service, York Region</u> Branch

242 Bathurst St. Unit 242 Thornhill, On, L4J 4P8 905-882-2331

Youth: 416-636-9610

After hours Phone: (416-638-7800) evening

appointments

Distress Line 416-638-7943 Website: www.info@jfandcs.com

Catholic Family Services of Simcoe County

845 Midland Ave. Midland, On, L4R 0B7 705-726-2530

Toll Free: 1-800-725-2503

Ontario Association of Children Aid Society

75 Front Street East, 2nd Floor Toronto, On, M5E 1V9 416-987-7725

Native Child and Family Services

30 College Street Toronto, On, M5G 1K2 416-969-8510

Gambling

Gamblers Anonymous

1Yonge St. Toronto, ON. M5E 1E5 416-366-7613

http://www.gamblersanonymous.org

Employment Insurance

If you ever find yourself locked out, then this information may help you applying for Employment Insurance, Severance and Termination pay.

Richmond Hill Service Canada

35 Beresford Drive Richmond Hill, On, L4B 4M3 1-800-926-9105

Barrie Service Canada Centre

48 Owen Street, flr.01 Barrie, On, L4M 3H1 1-800-622-6232

Applying for Employment Insurance online

www.servicecanada.ga.on.ca

Applying for Severance and Termination pay online www.labour.gov.on.ca

If you are interested in Opening your own business or in re-training program, then you can apply for these programs on Ontario Ministry of Training, Colleges and Universities

Website: www.edu.gov.on.ca

If you need further assistance to apply for this program, then you can go to any of these community agencies

Career Foundation

1200-21 St. Clair Ave E Toronto, ON M4T 1L9 416-920-5244 www.careerfoundation.com

Job Solution

12820 Yonge Street, Suite 201 Richmond Hill, On, L4E 4H1 905-751-1551, 905-751-0493

Job Skills Employment Services

130 Davis Drive, unit 14 Newmarket, On, L3Y 2N1 905-898-5138 www.jobskills.org

Thornhill Job Finding Club

8199 Yonge Street, 5th floor Thornhill, On, L3T 2C6 905-707-7332

York Region District School Board

60 Wellington Street West, P.O. Box 40, Aurora, On L4G 3H2 905-722-3201 www.yrdb.edu.on.ca