

Sexual Assault Awareness and Resources for College Students

Have I Experienced Sexual Assault?

Sexual assault can happen to anyone across culture, race, age, and gender. It is defined as any form of sexual contact that has occurred without consent including but not limited to: sexual touching, coercion, rape, and attempted rape.

You Are Not Alone

- 1 out of 4 female students is sexually assaulted
- 1 out of 16 male students is sexually assaulted
- 23% of transgender and genderqueer college students are sexually assaulted
- Sexual assault is the second most common violent crime committed on college campuses
- 8 out of 10 rapes are committed by someone the survivor knows

Sexual assault is NEVER the survivor's fault. Perpetrators commit acts of sexual violence because of their desire for power and control, not because of a sexual desire.

What Are My Options?

Talk to a Victim Advocate:

They will provide crises intervention, legal and medical assistance, and can provide information for survivors regarding reporting and examination options. They will keep your information confidential.

Receive a Medical Exam:

a SANE (sexual assault nurse examiner) exam is performed by nurses with specialty training. This exam can offer medical care as well as evidence collection at no cost to you. You will have the option to keep your information private, and do not have to go through with an investigation unless you wish to.

Report an Incident:

Talk to law enforcement: They will gather and process evidence of the crime and may recommend that you go for a sexual assault examination with a nurse.

Helpful Resources

Sexual assault is not your fault. Experiencing sexual assault is traumatic and the aftermath can be difficult to cope with. You may begin to feel anger, fear, depression, confusion, and anxiety. It is not uncommon to experience intrusive memories and flashbacks. You are not alone, there are resources available to assist you in coping with these feelings, including therapy, victim advocacy, and housing assistance. For more information, scan the following QR codes:

Utah Office for Victims
of Crime
1-801-238-2360



Utah Children's Justice
Center
801-281-1228



Rape, Abuse, Incest
National Network (RAINN)
1-800-656-4673



Utah Coalition Against
Sexual Assault
1-801-746-0404



Services Provided Whether or Not You Decide to Report the Assault:

Talk To an Individual or Group Therapist*
Talk with a System-Based Victim
Advocate*
Talk with a Community-Based Victim
Advocate
Receive a Medical Forensic Exam
(restricted kits available for 18+ year
olds)
*Mandatory Reports: Those who are
legally required to report suspicions of
abuse.

How Can I Get Involved?

Support and Believe Survivors of Sexual
Assault
Volunteer at Your Local Shelter or Crisis
Team
Donate to Sexual Assault Awareness
Groups
Become a Sexual Assault Victim Advocate
Educate others about the options and
resources available to them regarding
sexual assault
Contact your legislators about criminal
justice reform