DESIGNING ACTIVITIES/PROGRAMS BASED ON WHAT YOU'RE ALREADY DOING

1. What are some programs you already have going, ideally that meet regularly?

2. Which one of these do you think you could easily add another generation of participants to, to make it intergenerational? Circle that one.

3. What is your goal for all of the intergenerational participants? What do you want them to achieve? Where do you want participants to end up?

4. What do they have to do/experience/understand to reach this goal?

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PROGRAM CONTENT

1. What activity will help you reach your goal?

2. Can you just jump into that activity? Or are there other activities that need to happen first? Start mapping out a series of activities that build on each other.

3. OK, so based on that, how many sessions will this probably take? _____

4. Is there anywhere you can include participants in the planning or facilitation of this? Or is there a way to involve them in the planning and facilitation next time around?

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PARTICIPANTS

1. Who do you need to bring in?

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2. How many people? Remember, sometimes just a few additional folks from the new generation you are incorporating is best! Especially when you are just starting intergenerational work.

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3. What are some first steps you could take to find your new participants?

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NEXT STEPS

What are three things you can do in the next month to move this forward?

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If the program doesn't already have a name, what will you call it?

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What is one real question you have about your programming that you would like the full cohort's help thinking through?

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