



BUILDS ON STRENGTHS, INTERESTS, OR ASSETS

STRENGTHS are things participants are good at.

INTERESTS are things participants are excited about.

ASSETS are things participants can bring to the table that benefit others.

Is the activity based on the strengths,
interests, or assets of the older participants? Y N

----- *discuss* -----

Is the activity based on the strengths, interests,
or assets of the younger participants? Y N

----- *discuss* -----

If you answered no to either, how can you build more on the strengths, interests, or assets of your participants?



DEVELOPS PARTICIPANT OWNERSHIP

PARTICIPANT OWNERSHIP: Participants develop a sense of ownership over their experience when they can make meaningful decisions about activities and overall programming.

BARE MINIMUM

Are older participants involved in facilitating the activity? Y N

----- *discuss* -----

ADVANCED

Are younger participants involved in facilitating the activity? Y N

----- *discuss* -----

Are all generations involved in shaping the activity? Y N

----- *discuss* -----

If you answered no to any of these, how can you give participants more ownership over their experience?





CREATES CONNECTIONS

Are older and younger participants having an exchange with each other - a back and forth where they learn something about each others' experience?

Y	N
<input type="checkbox"/>	<input type="checkbox"/>

----- *discuss* -----

Does the activity intentionally strengthen relationships between the generations?

Y	N
<input type="checkbox"/>	<input type="checkbox"/>

----- *discuss* -----

If you answered no to either, how can you create more authentic connections across generations?





BI-DIRECTIONAL

BI-DIRECTIONAL: Older and younger participants are both contributing to and benefitting from a relationship with each other. The connection goes both ways.

Are younger participants meaningfully contributing to the activity? Y N

----- *discuss* -----

Are older participants meaningfully contributing to the activity? Y N

----- *discuss* -----

Are younger participants benefitting from taking part in the activity? Y N

----- *discuss* -----

Are older participants benefitting from taking part in the activity? Y N

----- *discuss* -----

If you answered no to any of these, how can you make your activity more bi-directional?



SUMMARY

Does your activity or program:

Y

N

- Build on strengths, interests, or assets?
- Develop participant ownership?
- Create connections?
- Foster bi-directional relationships?

A good intergenerational activity or program addresses all four values. If you answered yes to all four above, you are good to go! You can repeat this process after the activity or program is done to evaluate how it actually went.

If you answered no to any of these, what do you want to change about the activity or program?

For more tools to support your intergenerational work, visit: unhny.org/intergenhub

