

ST. MARY'S COUNTY FOOD PANTRIES



LEONARDTOWN & CLEMENTS

LOAVES AND FISHES

Tuesdays | 10:30 am – 12 pm
25550 Point Lookout Rd, Leonardtown
(301) 475-7200

ST. ALOYSIUS CHURCH

3rd Saturday | 9 am – 11 am
22800 Washington St, Leonardtown
(301) 475-8064

ST. MATTHEW PENTECOSTAL CHURCH

3rd Wednesday | 12 pm – 4 pm
23755 Hollywood Rd, Leonardtown
(301) 475-2910

HANDS THAT FEED

3rd Saturday | 11 am – 1 pm
24516 Budds Creek Rd, Clements
(301) 769-2966



ST. MARY'S CITY & RIDGE

FIRST FRIENDSHIP PANTRY

Wednesdays & Saturdays | 10:30 am – 11:30 am
13723 Point Lookout Rd, Ridge
(301) 475-7200

ST. CECILIA'S FOOD PANTRY

Mondays & Thursdays | 9 am – 12 pm
47950 Mattapany Rd, St. Mary's City
(301) 862-4600



MECHANICSVILLE, CHARLOTTE HALL & CHAPTICO

HELPING HANDS

Fridays | 10 am – 1 pm
28291 Old Village Rd, Mechanicsville
(240) 496-0727

THE PANTRY AT REAL LIFE

Wednesdays | 5 pm – 6:15 pm
Sundays | 8 am – 8:30 am
2nd Saturday Produce Distribution & Breakfast |
9 am – 10:30 am
27399 Old Village Rd, Mechanicsville
(240) 249-6098

MT. ZION UNITED METHODIST CHURCH

Wednesdays | 11 am – 12:30 pm
27108 Mt Zion Church Rd, Mechanicsville
(301) 884-4132

LITTLE FREE PANTRY AT CHARLOTTE HALL LIBRARY

37600 New Market Rd, Charlotte Hall

MARY LOU GOUGH FOOD PANTRY

2nd & 4th Thursday | 10 am – 11 am
37575 Chaptico Rd, Chaptico
(301) 884-2502





LEXINGTON PARK & GREAT MILLS

CHURCH OF THE ASCENSION PANTRY

Mondays & Thursdays | 9 am – 11:30 am
1st Friday | 10 am – 12 pm
21641 Great Mills Rd, Lexington Park
(301) 863-8551

ST. VINCENT DE PAUL FOOD PANTRY

Monday, Wednesday, & Friday | 9 am - 11:30 am
2nd Tuesday | 4 pm - 6 pm
22375 Three Notch Rd, Lexington Park
(301) 863-8193

LIFESTYLES

By appointment
21795-F Shangri La Dr, Lexington Park
(240) 237-8236

ST. MARY'S CARING SOUP KITCHEN

Breakfast Monday – Saturday | 8:30 am – 10 am
Lunch Monday – Saturday | 11:30 am – 1 pm
20331 Point Lookout Road, Great Mills
(301) 863-5700

THREE OAKS FOOD PANTRY

Tuesdays & Thursdays | 10 am – 2 pm
46905 Lei Dr, Lexington Park
(301) 863-9535

TRINITY CARE PANTRY

Tuesdays | 6 pm – 7:30 pm
46707 S Shangri-La Dr, Lexington Park
(301) 863-9512

FEED MY SHEEP FOOD PANTRY

Wednesdays | 1 pm – 3:30 pm
46855 Shangri-La Dr, Lexington Park
(301) 862-2552

LITTLE FREE PANTRY AT LEXINGTON PARK LIBRARY

21677 FDR Blvd Lexington Park

POWERHOUSE APOSTOLIC MINISTRIES

Tuesdays | 6:30 - 8 pm
Wednesdays | 5 - 6:30 pm
Saturday | By appointment
45359 Lincoln Ave, Lexington Park
(240) 538-7219

THE MISSION

Monday – Wednesday | 10 am – 2 pm
21606 Sheriff Miedzinski Way, Lexington Park
(240) 718-8911

ZION UNITED METHODIST CHURCH

Thursdays | 5 pm - 6 pm
521291 Three Notch Rd, Lexington Park
(301) 863-5161



SCAN ME

Sign up to receive texts with information on
food pantries, healthy low-cost recipes, and
free food distributions in the community!

Last updated 10/2025

DESPENSAS DE ALIMENTOS CONDADO DE ST. MARY



LEONARDTOWN Y CLEMENTS

LOAVES AND FISHES PANES Y PECES

martes | 10:30 am – 12 pm
25550 Point Lookout Rd, Leonardtown
(301) 475-7200

ST. ALOYSIUS CHURCH IGLESIA ST. ALOYSIUS

3^{er} sábado | 9 am – 11 am
22800 Washington St, Leonardtown
(301) 475-8064

ST. MATTHEW PENTECOSTAL CHURCH IGLESIA PENTECOSTAL ST. MATTHEW

3^{er} miércoles | 12 pm – 4 pm
23755 Hollywood Rd, Leonardtown
(301) 475-2910

HANDS THAT FEED MANOS QUE ALIMENTAN

3^{er} sábado | 11 am – 1 pm
24516 Budds Creek Rd, Clements
(301) 769-2966



ST. MARY'S CITY Y RIDGE

FIRST FRIENDSHIP PANTRY DESPENSA DE LA PRIMERA AMISTAD

miércoles y sábados | 10:30 am – 11:30 am
13723 Point Lookout Rd, Ridge
(301) 435-7200

ST. CECILIA'S FOOD PANTRY DESPENSA DE ALIMENTOS DE SANTA CECILIA

lunes y sábados | 9 am – 12 pm
47950 Mattapany Rd, St. Mary's City
(301) 862-4600



MECHANICSVILLE, CHARLOTTE HALL Y CHAPTICO

HELPING HANDS MANOS QUE AYUDAN

viernes | 10 am – 1 pm
28291 Old Village Rd, Mechanicsville
(240) 496-0727

THE PANTRY AT REAL LIFE LA DESPENSA EN VIDA REAL

miércoles | 5 pm – 6:15 pm
domingo | 8 am – 8:30 am
2do sábado Distribución de frutas, vegetales y
desayuno | 9am – 10:30 am
27399 Old Village Rd, Mechanicsville
(240) 249-6098

MT. ZION UNITED METHODIST CHURCH IGLESIA METODISTA UNIDA DE ZION

miércoles | 11 am – 12:30 pm
27108 Mt Zion Church Rd, Mechanicsville
(301) 884-4132

LITTLE FREE PANTRY AT CHARLOTTE HALL LIBRARY PEQUEÑA DESPENSA GRATUITA EN BIBLIOTECA DE CHARLOTTE HALL

37600 New Market Rd, Charlotte Hall

MARY LOU GOUGH FOOD PANTRY DESPENSA DE ALIMENTOS MARY LOU GOUGH

2° y 4° jueves | 10 am – am
37575 Chaptico Rd, Chaptico
(301) 884-2502



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LEXINGTON PARK Y GREAT MILLS

CHURCH OF THE ASCENSION PANTRY DESPENSA IGLESIA DE LA ASCENCIÓN

lunes y jueves | 9 am – 11:30 am
1^{er} viernes | 10 am – 12 pm
21641 Great Mills Rd, Lexington Park
(301) 863-8551

ST. VINCENT DE PAUL FOOD PANTRY DESPENSA DE ALIMENTOS ST. VINCENT DE PAUL

lunes, miércoles y viernes | 9 am – 11:30 am
2^o martes | 4 pm – 6 pm
22375 Three Notch Rd, Lexington Park
(301) 863-8193

LIFESTYLES ESTILOS DE VIDA

Hacer cita previa
21815-D Three Notch Rd, Lexington Park
(240) 237-8236

ST. MARY'S CARING SOUP KITCHEN COMEDOR DE BENEFICENCIA SOLIDARIO DE ST. MARY

Desayuno lunes a sábado | 8:30 am – 10 am
Almuerzo lunes a sábado | 11:30 am – 1 pm
20850 Langley Rd, Lexington Park
(301) 863-5700

THREE OAKS FOOD PANTRY DESPENSA DE ALIMENTOS TRES ROBLES

martes y jueves | 10 am – 2 pm
46905 Lei Dr, Lexington Park
(301) 863-9535

TRINITY CARE PANTRY DESPENSA CUIDADO DE TRINIDAD

martes | 6 pm – 7:30 pm
46707 Shangri-La Dr, Lexington Park
(301) 863-9512

FEED MY SHEEP FOOD PANTRY DESPENSA DE ALIMENTOS APACIENTA MIS OVEJAS

miércoles | 1 pm – 3:30 pm
46855 Shangri-La Dr, Lexington Park
(301) 862-2552

LITTLE FREE PANTRY AT LEXINGTON PARK LIBRARY PEQUEÑA DESPENSA GRATUITA EN LA BIBLIOTECA DE LEXINGTON PARK

21677 FDR Blvd Lexington Park, MD 20653

POWERHOUSE APOSTOLIC MINISTRIES MINISTERIOS APOSTÓLICOS PODEROSOS

martes | 6:30 – 8 pm
miércoles | 5 - 6:30 pm
sábado | Hacer cita previa
45359 Lincoln Ave, Lexington Park
(240) 538-7219

THE MISSION LA MISIÓN

Lunes a miércoles | 10 am – 2 pm
46694 Midway Dr, Lexington Park
(240) 577-8279

ZION UNITED METHODIST CHURCH IGLESIA METODISTA UNIDA DE ZION

jueves | 5 pm - 6 pm
21291 Three Notch Rd, Lexington Park
(301) 863-5161



ST. MARY'S COUNTY
HEALTH DEPARTMENT



ESCANEAR

¡Suscríbete para recibir textos con recetas
saludables, despensas de alimentos y eventos
gratuitos de comida en tu comunidad!

Última actualización 10/2025