



BEHAVIORAL HEALTH SERVICES



SOCAL CLUB
MEN'S HEALTH FOUNDATION

Affirming
skill-building
interventions +
communal support



Therapy

Solution focused,
mindfulness based,
trauma informed,
sex positive therapy.

Consultations

Drop-in brief
discussions about
your behavioral needs.

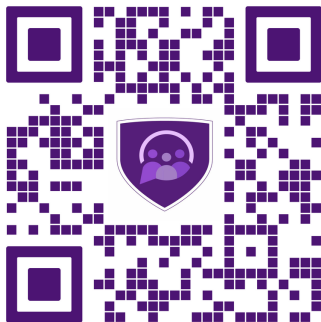
Group Trainings

Mindfulness 101, Building
ESTEEM Together, etc.

Support Groups

Weekly group
discussions to build support
and community.

Educational component funded by the Centers for Disease
Control and Prevention, Los Angeles County Dept. of Public
Health, Division of HIV and STD Programs for PHE-VP Services.



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(Hablamos español)