

Moms Across America School Lunch and Fast Food 2022-2023

Summary of Test Results. A Case for Regenerative Organic School Lunches

Moms Across America commissioned testing of 43 school lunch samples from 18 cities in 15 states:

- 4 school lunch samples contained a known aviary contraceptive/anti-parasitic, Nicarbazine.
- 93% of the school lunch items contained carcinogenic, endocrine disrupting, neurotoxic, nervous system damaging, and liver disease-causing glyphosate.
- 74% of the samples contained at least one of 29 harmful pesticides.
- 4 Veterinary drugs and hormones were found in 9 school lunch samples at levels up to 130.76 ng/g.
- 100% of the school lunch samples contained heavy metals at levels up to 6,293 times higher than the EPA's maximum levels allowed in drinking water.
- The majority of the samples were abysmally low in nutrients, and insufficient to support health.



Fast Food Suppliers Provide the Majority of Food for School Meals

Moms Across America commissioned testing of 42 samples of the top 20 (+1) fast food brands:

- A Chick-fil-A sandwich contained an aviary contraceptive/ antiparasitic called Nicarbazine, which was at one point, prohibited.
- 40-60%, of the fast food samples contained antibiotics Narasin or Monesin, which is not approved by the FDA for human use and has been shown to cause severe harm when consumed by humans. It is toxic to horses and dogs at extremely low levels, leaving their hind legs dysfunctional.
- 100% of Top Twenty (+1) Fast Food brands contained alarming glyphosate residues.
- 100% of the fast food samples tested contained alarming levels of cadmium and lead, up to over 1,100 times higher than EPA allowable levels for drinking water.
- 47% of the top ten samples contained Butanediol, a Central Nervous system depressant that causes combativeness.
- Zero amounts of Vitamin B9 and B12 were detected in any of the top ten fast food samples. Deficiencies in these vitamins can lead to fatigue, digestive issues, cardiac health, and nervous system disorders, ie: erratic behavior.
- Vitamin B3 levels were so low a woman would have to eat 333 Chick-fil-A sandwiches in one day to receive her recommended intake of B3- a man, 380. According to the author of Food and Behavior the Natural Connection, B3 deficiency is related to aggression and violence.



Find out more about how we can support health and fertility, reduce healthcare costs, mental illness, violence, and support the future of America with MomsAcrossAmerica. Zen@MomsAcrossAmerica.org